



MIDJERSEY
ORTHOPAEDICS
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Post-op Instructions

Below you will find instructions on how to care for your wound and bandage.

Your bandage, along with any brace, boot or post-op shoe, should remain dry and covered during bathing. It should also remain on during sleeping.

Your bandage, splint, or cast (including cast boots or post-op shoe) is an important part of your recovery. Please keep it in place and clean and dry until your first office visit.